

Fair Oak Running Club



**Every Tuesday
7pm**



**Meet at The Sports Pavilion
Lapstone Playing Fields
Pavilion Close
Fair Oak**



The newly formed club has been set up to support the many runners in Fair Oak & Horton Heath. Very friendly group of mixed ability runners. We cater to all levels from beginners to seasoned marathon runners.

You are welcome to join the group on any Tuesday or call Lance Wicks for more information.

www.judocoach.com/running

Email: lw@judocoach.com

07787 565233 (Lance)

